

PANCAKES, FRENCH TOAST & WAFFLES

Combos served with:

- Two farm-fresh eggs* cooked to order
- Choice of applewood-smoked bacon, country sausage or turkey sausage

CINNAMON ROLL FRENCH TOAST

Three slices of our sweet cinnamon roll dipped in egg batter and grilled to perfection. Lightly dusted with powdered sugar and served with syrup. (cal. 1970-2100)
French Toast Only (cal. 700)

COUNTRY FRENCH TOAST

This three-meat combo is a great way to start the day. Applewood-smoked bacon, savory sausage and smoked ham are paired with French toast dusted with powdered sugar. (cal. 1050-1120)

Does not include an additional choice of meat

PANCAKE STACK

Five fluffy, fresh-batter pancakes piled high and served with syrup. (cal. 1430-1500)
Pancake Only (cal. 1170)

FRENCH TOAST

Thick slices of golden egg bread dipped in our special batter, grilled to perfection and dusted with powdered sugar. (cal. 1180-1250)
French Toast Only (cal. 920)

BELGIAN WAFFLE

Available until 11am daily. A golden, malted Belgian waffle made to order. (cal. 1010-1090)
Waffle Only (cal. 750)

BACON AND ONION POTATO PANCAKES

A Carrows signature! Three crispy potato pancakes loaded with applewood-smoked bacon and onions and topped with sour cream and diced green onions. (cal. 780-860)
Pancakes only (cal. 520)

MULTI-GRAIN & NUT PANCAKES

Three hearty multi-grain and nut pancakes. (cal. 1140-1220) • Pancakes Only (cal. 880)

CLUB 55

Value-priced entrées for our guests 55 and above.

BREAKFAST

GREAT START BREAKFAST

Oatmeal with raisins and brown sugar, fresh fruit, choice of pancakes or toast, and coffee. (cal. 500-1160)

FLORENTINE SCRAMBLE

Eggs, spinach, applewood-smoked bacon, onions and tomato topped with Swiss cheese all served atop country potatoes. Served with choice of pancakes, fresh-baked biscuit, English muffin or toast. (cal. 650-1370)

TRADITIONAL BREAKFAST

One egg* and choice of applewood-smoked bacon, sausage or turkey sausage. Served with choice of country potatoes, hash browns or fresh fruit and choice of pancakes, toast or fresh-baked biscuit. (cal. 510-1350)

CALIFORNIA OMELETTE

Filled with Jack cheese, tomato, olives and applewood-smoked bacon. Topped with sour cream and avocado. Served with choice of country potatoes, hash browns or fresh fruit and choice of pancakes, toast or fresh-baked biscuit. (cal. 680-1400)

GOLDEN POWER BREAKFAST

Available until 11am. Two eggs*, applewood-smoked bacon or sausage and choice of potatoes & toast, fresh fruit & toast, two pancakes or half Belgian waffle. (cal. 630-1030)

LUNCH & DINNER

Dinner entrées served with a choice of fresh-baked cornbread (cal. 520) or garlic cheese bread (cal. 300). Add a cup of soup or green garden salad to your meal for additional cost.

HALF SANDWICH COMBO

Choice of Turkey & Jack (cal. 400-500), Roast Beef (cal. 340-440) or Tuna Salad (cal. 520-620) served with a garden salad or cup of soup. (Cornbread or garlic cheese bread not included with this entrée.)

BEER-BATTERED FISH 'N' CHIPS

Tender, flaky cod coated with tasty beer batter and fried crispy. Served with tartar sauce, French fries and coleslaw. (cal. 1540-1760)

CLASSIC MEATLOAF

Diced ham, onions, and red and green bell peppers are blended with eggs and folded over cheddar cheese. (cal. 780-1850)

GRILLED SALMON FILLET

A grilled salmon fillet garnished with a fresh lemon wedge. Served with choice of two Signature Sides. (cal. 600-1670)

CLASSIC CHEESEBURGER

Juicy hamburger* topped with cheddar cheese, fresh lettuce, tomato, pickles and Thousand Island dressing on a toasted bun. Served with choice of garden salad, French fries or fresh fruit. (cal. 810-1240)

CHICKEN-FRIED STEAK

Battered and fried to a crispy golden brown and smothered with a creamy sausage gravy. Served with choice of two Signature Sides. (cal. 830-1900)

POT ROAST DINNER

Tender pot roast with carrots and onions in a mushroom gravy. Served with choice of two Signature Sides. (cal. 680-1750)

COD FILLET

Grilled and topped with a creamy garlic-butter scampi sauce. Served with choice of two Signature Sides. (cal. 780-1850)

BEVERAGES

Milk (cal. 210)
Hot Cocoa (cal. 190)
Tropicana® Orange Juice (cal. 210)
Apple or Cranberry Juice (cal. 100-110)

Bottomless Coffee and Refillable Drinks:

Carrows' Premium Blend Coffee
Regular or Decaf (cal. 0)
Lipton® Hot Tea (cal. 0)
Iced Tea (cal. 0)
Raspberry Iced Tea (cal. 80)
Soft Drinks (cal. 0-110)

WINE

Chardonnay-Fetzer® Valley Oaks (cal. 150)
White Zinfandel-Sutter Home® (cal. 125)
Merlot-Fetzer® Valley Oaks (cal. 150)
Cabernet Sauvignon-Fetzer® (cal. 120)

SPARKLING WINE

Korbel® (cal. 140)
Korbel® Mimosa (cal. 250)

BEER

Domestic Beer (cal. 110-145)
Premium Beer (cal. 150-175)



CINNAMON ROLL
FRENCH TOAST

THREE-EGG OMELETTES & SKILLET

Combos served with:

- Crispy hash browns, country potatoes or fruit
- Two buttermilk pancakes, fresh-baked biscuit, toast or English muffin

CARROWS JOE'S SPECIAL OMELETTE

This famous diner classic features a mixture of eggs, seasoned ground beef and a sauté of spinach, mushrooms, tomato and onions folded over cheddar cheese. (cal. 880-1590)

COUNTRY SKILLET

Two turkey sausage patties, onions, red and green bell peppers, and eggs cooked in a skillet and topped with Carrows' country sausage gravy. Served with country potatoes and your choice of two buttermilk pancakes, fresh-baked biscuit, toast or English muffin. (cal. 910-1330) §

SUPREME SKILLET

Sautéed ham, onions and fresh mushrooms with scrambled eggs and topped with melted cheddar cheese. Served with two strips of applewood-smoked bacon, two sausage links and country potatoes. (cal. 1130-1550)

VEGETABLE OMELETTE

Sautéed mushrooms, broccoli, diced Roma tomatoes, onions, and red and green bell peppers all folded over Swiss cheese and served with salsa. (cal. 690-1410)

DENVER OMELETTE

Diced ham, onions, and red and green bell peppers are blended with eggs and folded over cheddar cheese. (cal. 700-1410)

BACON, AVOCADO, JACK OMELETTE

Applewood-smoked bacon and fresh pico de gallo are blended together with eggs, then folded over avocado and Jack cheese. (cal. 680-1400)

BIG BREAKFASTS

THE GREAT BIG® BREAKFAST

Three eggs,* two applewood-smoked bacon strips, two sausage links or one turkey sausage patty, and two fluffy buttermilk pancakes. Served with your choice of crispy hash browns, country potatoes or fruit. (cal. 1410-2190)

THE LUMBERJACK BREAKFAST

You don't have to be a lumberjack to eat like one! Ham, applewood-smoked bacon, sausage, two eggs* with French toast and country potatoes. (cal. 1130-1490)

THE BIG SOUTHERN BREAKFAST

If you've got a big appetite, then look no further. Three eggs,* two strips of applewood-smoked bacon, two sausage links or one turkey sausage patty, and a fresh-baked biscuit smothered in Carrows' country sausage gravy. Served with your choice of crispy hash browns, country potatoes or fruit. (cal. 1120-1900)

California's
Classic Kitchen

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BREAKFAST ADDITIONS

Applewood-Smoked Bacon (cal. 130)

Sausage Links (cal. 280)

Turkey Sausage Patties (cal. 140)

Ham Slices (cal. 200)

Hash Browns (cal. 340)

Country Potatoes (cal. 250)

Seasonal Fruit (cal. 50)

Toast (cal. 320)

English Muffin (cal. 270)

Fresh-Baked Biscuit (cal. 520)

Biscuits and Gravy (cal. 800)

Bowl of Oatmeal (cal. 410)

Active & Lively Banana & Oatmeal (cal. 380)

APPETIZERS

Shareable. Craveable. Irresistible.

CARROWS SAMPLER PLATTER

A generous combination of Mozzarella Sticks, Chicken Strips and a Green Chile Quesadilla. Served with a trio of sauces for dipping. Serves 4.

MOZZARELLA STICKS

Melty cheese sticks breaded and fried to a golden brown. Served with marinara sauce for dipping. (cal. 170/serving, serves 4)

CHICKEN STRIPS

Crispy, breaded chicken strips served with choice of ranch or BBQ sauce for dipping. (cal. 210-250/serving, serves 5)

CHICKEN QUESADILLA

A grilled flour tortilla stuffed with melted Jack and cheddar cheeses, grilled chicken, caramelized onions, diced green chiles and chipotle sauce. Served with salsa and sour cream on the side. (cal. 250/serving, serves 4)

FRESH SALAD

Salads are served with a choice of fresh-baked cornbread (cal. 520) or garlic cheese bread (cal. 300).

SOUTHWEST CHICKEN SALAD

Chicken seasoned with zesty chili spice and served over crisp romaine lettuce with cheddar cheese, olives, tomatoes and ripe avocado. Served with roasted chipotle dressing and tortilla strips. (cal. 1020-1190)

SOUTHERN-FRIED CHICKEN SALAD

Southern-fried chicken strips, applewood-smoked bacon, tomatoes, cheddar cheese, olives and sliced red onions on a bed of fresh greens. Served with your choice of dressing. (cal. 1070-1240) Lunch portion (cal. 850-1020)

ASIAN CHICKEN SALAD

Sliced chicken breast, crispy fried wonton strips, red and green cabbage, carrots and crisp lettuce tossed with our original Asian dressing and topped with sesame seeds and green onions. (cal. 1210-1370) • Lunch portion (cal. 870-1030)

CHICKEN CAESAR SALAD

Chicken breast, crisp romaine lettuce, Parmesan cheese and croutons tossed in our classic Caesar dressing. (cal. 690) • Without chicken (cal. 480)

SOUP & SALAD COMBO

A green garden salad with a bowl of soup. (cal. 450-960)

COBB SALAD

Diced chicken breast, avocado, applewood-smoked bacon, croutons, bleu cheese crumbles, chopped egg and tomatoes all atop fresh greens with bleu cheese dressing. (cal. 1240-1410) Lunch portion (cal. 900-1070)

CLASSIC SANDWICHES

Served with choice of: French fries (cal. 480), fresh fruit (cal. 50) or coleslaw (cal. 150). Add a cup of soup or green garden salad to your meal for additional cost.

TURKEY, BACON, AVOCADO STACK

Sliced roasted turkey breast, applewood-smoked bacon, ripe avocado and Swiss cheese with fresh lettuce, tomato and Dijon mustard. Served on a flaky, buttery croissant. (cal. 820-1250)

PRIME RIB BBQ SANDWICH

Shaved prime rib with BBQ sauce, melted cheddar cheese and onion slivers in a warm bun. (cal. 1030-1460)

BLT

Applewood-smoked bacon, fresh lettuce and tomato all piled high on grilled sourdough with mayonnaise. (cal. 810-1240)

ACTIVE & LIVELY

Delicious Offerings Under 600 Calories

A&L MULTI-GRAIN & NUT PANCAKE COMBO

Two hearty multi-grain & nut pancakes with scrambled, fat-free egg substitute, ham, Promise® spread and sugar-free syrup. (cal. 490)

A&L TUSCAN OMELETTE

Egg whites filled with fresh spinach, tomatoes, mushrooms and Jack cheese. Served with choice of cottage cheese or fresh fruit and wheat toast with Promise® spread. (cal. 490-500)

VEGGIE AVOCADO GARDENBURGER®

A Gardenburger® patty with fresh avocado, red onions, pickles, tomato, lettuce and mustard. Served with fresh seasonal fruit. (cal. 580)

COD WITH LEMON SAUCE

Grilled wild cod topped with lemon sauce and served with a medley of vegetables and rice pilaf. (cal. 580)

LIGHT LEMON CHICKEN

A tender, seasoned and grilled chicken breast lightly coated with a lemon and caper sauce. Served with a medley of vegetables and rice pilaf. (cal. 480)

SOUP OF THE DAY

Cup or Bowl

EVERY DAY: Cream of Broccoli

Cup (cal. 150) Bowl (cal. 230)

MONDAY, THURSDAY, SATURDAY: Chef's Choice

TUESDAY: Chicken & Wild Rice

Cup (cal. 130) Bowl (cal. 200)

WEDNESDAY: Chicken Tortilla

Cup (cal. 240) Bowl (cal. 370)

FRIDAY: Clam Chowder

Cup (cal. 130) Bowl (cal. 200)

SUNDAY: Vegetable

Cup (cal. 60) Bowl (cal. 90)

HALF SANDWICH COMBO

Choice of Turkey & Jack (cal. 400-500), Roast Beef (cal. 340-440) or Tuna Salad (cal. 520-620) served with a garden salad or cup of soup.

CLUB HOUSE CLASSIC

Roasted turkey breast, ham and applewood-smoked bacon piled high on toasted sourdough with lettuce, tomato and mayonnaise. (cal. 850-1280)

PASTRAMI SANDWICH

Our Pastrami Sandwich is packed full of pastrami and caramelized onions, topped with melted Swiss cheese and served on grilled rye with Dijon sauce and pickle chips. (cal. 1040-1470)

FRENCH DIP

A hearty portion of thinly sliced roast beef piled high on a toasted French roll, served with au jus for dipping. (cal. 620-1050)

BURGERS & MELTS

Served with choice of:

French fries (cal. 480), fresh fruit (cal. 50) or coleslaw (cal. 150) • Add a cup of soup or green garden salad to your meal for additional cost. Substitute a lean ground turkey patty for any burger at no additional charge.

SANTA BARBARA BURGER®

Topped with applewood-smoked bacon, ripe avocado, fresh lettuce, tomato, red onions, pickles and Thousand Island dressing. (cal. 900-1330)

POT ROAST MELT

Tender, slow-cooked and savory pot roast on grilled sourdough with Jack cheese, grilled onions and creamy horseradish sauce. (cal. 850-1280)

AMERICAN BURGER®

Topped with crisp lettuce, tomato, red onions, pickles and Thousand Island dressing. (cal. 800-1230)

DOUBLE-DOUBLE CHEESEBURGER

Two quarter-pound all-beef patties* with grilled onions, lettuce, cheddar cheese, tomato, pickles and Thousand Island dressing. (cal. 1030-1470)

BARBWARE BBQ BURGER®

Topped with applewood-smoked bacon, crispy onion straws, fresh lettuce, tomato, red onions, pickles and tangy BBQ sauce. (cal. 980-1410)

MUSHROOM & SWISS TURKEY BURGER

A full-of-flavor turkey burger topped with sautéed mushrooms and melted Swiss cheese, with crisp lettuce, fresh tomato, red onions, pickles and mayo on a warm toasted bun. (cal. 1070-1500)

PATTY MELT

A juicy hamburger patty* with melted cheddar cheese and grilled onions on golden-grilled rye bread. (cal. 780-1210)

TUNA MELT

Fresh-made tuna salad topped with melted Swiss cheese on sliced golden-grilled sourdough bread. (cal. 950-1380)

GRILLED FOUR-CHEESE PRIME RIB MELT

Grilled sourdough filled with cheddar cheese, Swiss cheese, Jack cheese, Parmesan cheese and shaved prime rib. (cal. 860-1300)

STEAKS & CHICKEN

Served with choice of:

Fresh-baked cornbread (cal. 520) or garlic cheese bread (cal. 300) Pasta dishes are served with garlic cheese bread. Add a cup of soup or green garden salad to your meal for additional cost.

CHICKEN PRIMAVERA ALFREDO

Chicken with a medley of vegetables and olives in Carrows' original creamy Alfredo sauce over fettuccine with Parmesan cheese. Served with garlic cheese bread. (cal. 1430)

PETITE NEW YORK STEAK AND SHRIMP SCAMPI PASTA

A 6 oz. New York steak* paired with our Shrimp Scampi Pasta in a creamy garlic-butter sauce with fresh basil, tomatoes and capers. Served with garlic cheese bread. (cal. 1230)

LEMON CHICKEN

Two tender seasoned and grilled chicken breasts lightly coated with a lemon and caper sauce. Served with choice of two Signature Sides. (cal. 710-1780)

TOP SIRLOIN STEAK

A tender and juicy 8 oz. top sirloin steak* charbroiled to perfection. Served with choice of two Signature Sides. (cal. 670-1740)

PETITE NEW YORK STEAK

A tender and juicy 6 oz. New York steak* charbroiled and grilled to perfection. Served with choice of two Signature Sides. (cal. 660-1730)

CHICKEN-FRIED STEAK

Lightly seasoned and fried golden brown. Topped with Carrows' country sausage gravy and served with choice of two Signature Sides. (cal. 1250-2320)

CALIFORNIA COMFORT CLASSICS

Add a cup of soup or green garden salad to your meal for additional cost.

SEAFOOD

Served with choice of fresh-baked cornbread (cal. 520) or garlic cheese bread (cal. 300). Pasta dishes are served with garlic cheese bread.

SHRIMP SCAMPI PASTA

A longtime fan favorite. Scampi-style shrimp sautéed in a creamy garlic-butter sauce with chopped fresh basil, tomatoes, capers and Parmesan cheese on tender pasta. (cal. 1310)

GRILLED WILD-CAUGHT COD

Flaky, wild-caught cod topped with creamy garlic-butter sauce. Served with choice of two Signature Sides. (cal. 780-1860)

GRILLED ATLANTIC SALMON

Cold-water salmon fillet served with choice of two Signature Sides. (cal. 740-1810)

BEER BATTERED FISH 'N' SHRIMP

Tender, flaky cod and plump shrimp coated and fried crispy with tasty beer batter. Served with French fries, coleslaw, and tartar and cocktail sauces. (cal. 1790-2010)

BEER-BATTERED FISH 'N' CHIPS

Tender, flaky cod coated and fried crispy with tasty beer batter. Served with tartar sauce, French fries and coleslaw. (cal. 1700-1920)

PRIME RIB

Available Friday after 4pm and Saturday & Sunday after 11am until we sell out.

- Served with horseradish sauce and choice of two Signature Sides
- Served with choice of fresh-baked cornbread (cal. 520) or garlic cheese bread (cal. 300)

8 OZ. CUT* (cal. 1270-2340)

12 OZ. CUT* (cal. 1670-2750)

8 OZ. PRIME RIB* AND FRIED SHRIMP (cal. 1650-2720)

FAVORITES

SLOW-BRAISED POT ROAST

A hearty portion of slow-roasted and savory pot roast simmered in a rich mushroom gravy. Served with choice of fresh-baked cornbread or garlic cheese bread. (cal. 830-1900)

CLASSIC MEATLOAF

Our home-style meatloaf grilled and topped with rich mushroom gravy and crispy onion straws. Served with choice of two Signature Sides and fresh-baked cornbread or garlic cheese bread. (cal. 1160-2230)

WEST COAST BREAKFAST FAVORITES

CARROWS EGG BREAKFASTS

CHICKEN-FRIED STEAK & EGGS

A Southern favorite! Two farm-fresh eggs* with steak lightly seasoned and fried to a golden brown, then topped with Carrows' signature country sausage gravy. Served with crispy hash browns, country potatoes or fresh fruit and your choice of two buttermilk pancakes, fresh-baked biscuit, toast or English muffin. (cal. 1240-1960)

TOP SIRLOIN STEAK & EGGS

A tender, seasoned 8 oz. top sirloin steak* paired with two farm-fresh eggs* and served with crispy hash browns, country potatoes or fresh fruit and your choice of two buttermilk pancakes, fresh-baked biscuit, toast or English muffin. (cal. 800-1520)

CHORIZO & EGGS

Spice up your morning with our zesty blend of scrambled eggs and pork chorizo topped with fresh pico de gallo. Served with your choice of breakfast potatoes or fresh fruit and choice of fresh warm corn tortillas or breakfast bread. (cal. 720-1610)

CORNERED BEEF HASH & EGGS

A generous portion of savory, home-style cornered beef hash topped with two farm-fresh eggs* cooked to order. Served with crispy hash browns, country potatoes or fresh fruit and your choice of two buttermilk pancakes, fresh-baked biscuit, toast or English muffin. (cal. 1060-1770)

BENEDICTS

EGGS BENEDICT

A toasted English muffin topped with ham, farm-fresh poached eggs* and Hollandaise sauce. Served with your choice of crispy hash browns, country potatoes or fresh fruit. (cal. 680-970)

CALIFORNIA BENEDICT

A twist on the classic. Two applewood-smoked bacon strips and onion potato pancakes topped with poached eggs* and ladled with Hollandaise sauce. Garnished with fresh tomato and avocado and served with fresh fruit. (cal. 800)

YOUR CHOICE BREAKFAST

(cal. 640-1510)
Start with two farm-fresh eggs* and add your choice of:

- Four strips of applewood-smoked bacon
- Four country sausage links
- Two turkey sausage patties
- A slice of grilled ham

And your choice of one of the following:

- Hash browns • Country potatoes
- Fresh fruit

And your choice of one of the following:

- Two buttermilk pancakes
- Fresh-baked biscuit • Toast
- English muffin

WEEKDAY POWER BREAKFAST

(cal. 630-1030)

Available until 11am daily.

Two eggs,* applewood-smoked bacon or sausage,

plus choice of one of the following:

- Potatoes and toast • Two pancakes
- Fruit and toast • Half waffle

Sorry, no substitutions. Cannot not be combined with any other offer. Not valid on holidays.



WEEKDAY POWER BREAKFAST